

You are invited to enter the
**2022 Art and
Poster Contest**



NAHMA

This year's theme
**Healthy is Happy:
Nutrition and Fitness Propel Us Forward**

Cash Prizes! Resident National Recognition!

\$2,500 Grand Prize Winner

\$1,000 National Winners

\$100 Honorable Mentions

Who can participate?

Children in five grade categories

Residents who are 55 years old or older

Residents who are disabled

Residents with special needs

Applicants must live in AHMA-NCH member communities.

Ask your resident manager for more details.
Complete rules, entry forms and required releases
are available for download on the AHMA-NCH
website: www.ahma-nch.org/art/

Questions: Contact the AHMA-NCH office
at 833-AHMA-NCH or info@ahma-nch.org

**All Entries must be
received in the
AHMA-NCH office by
June 1, 2022**

AHMA-NCH
31805 Temecula Pkwy
#397
Temecula CA 92592

